

Coaching for Managers

*Behind every problem you have to face,
there is an opportunity to grow.*

Anonymous

Invest in the services of a coach as a **partner** when considering in-depth complex professional and personal problems. Talking to a “neutral” counselor will enable you to discover new ways of thinking, which will help you to devise structured and effective solution strategies. This will give you the decisive competitive advantage in an environment dominated by fast changes and sudden turnarounds.

In **one-to-one coaching sessions** I can assist you in developing your personality and charisma still further, by helping you to:

- break with habitual behavioural tendencies and discover new perspectives
- recognise and harness hitherto undiscovered abilities and talents
- communicate more effectively
- break down fears and compulsions
- overcome feelings of loneliness
- deal with difficult conflicts, changing life situations and unforeseen events in a constructive, self-confident and sensitive way
- act on your own initiative

Authenticity and genuineness are key to personal success.

My **aim** is to help you to channel your newly discovered resources and energies, which open up new horizons - and which will bring you more “joie de vivre”, inner satisfaction and long-term success.

I treat individual attitudes and opinions completely without judgement or prejudice.

I work in a theme-focussed and solution-oriented way, but constantly at the forefront are your goals and needs, your emotions and expectations.



I work according to the following principles:

- Quality: I abide by strict ethical standards
- Trust: Transparent work, forthright communication and utmost discretion
- Competence: DVNLP coach with degree in Human Resources PMS, more than ten years' experience in human resources management in Swiss and international enterprises, of which five years were spent in management, owner of **PPM** since November 2000



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